

Invite

# HUMMINGBIRDS

to your home



Rufous Hummingbird. Photo: Ed Harper

## Welcome Hummingbirds To Your Yard!

- Expect to see Calliope and Rufous Hummingbirds in Montana. Less common are Broad-tailed and Black-chinned Hummingbirds.
- The Calliope Hummingbird, our smallest hummingbird, can travel up to 5,000 miles a year between wintering and breeding grounds. They weigh no more than a ping-pong ball.

Calliope Hummingbird



Photo: Ed Harper

## Hummingbirds Need Flowers!

- Nectar is critical to a hummingbird's diet.
- Red, orange, and magenta colored flowers are hummingbird magnets.
- Tubular flowers are a favorite.
- Hummingbirds also feed on tiny insects and spiders for protein.
- The same flowers will also attract a variety of butterflies and native bees.

Rufous Hummingbird



Photo: Steve DuBois

Turn over for a **RECIPE** to attract **HUMMINGBIRDS** to your yard.

[www.sacajaweaudubon.org](http://www.sacajaweaudubon.org)



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*Recipe for inviting*

# HUMMINGBIRDS

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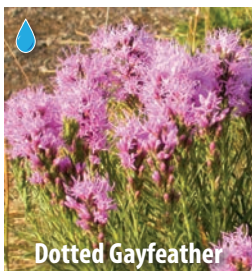
## Ingredients:

- Brightly-colored, nectar-rich flowers
- Trees and shrubs for perching, cover, and nesting sites
- Water: Offer a fountain, bubbler, or mister
- Hummingbird feeders are especially helpful in early spring, late summer, and fall.

 = water-wise plants

*Calliope Hummingbird*

*Photo: Lou Ann Harris*



**Other good plants:** Catmint, Agastache, Coral Bells

## Directions:

- Layer the flowers with shrubs and trees to provide places to perch and shelter. Taller plants in back, shorter plants in front.
- Offer water: A fountain or bird bath.
- Provide hummingbird feeders: Fill with a mixture of 4 parts water to 1 part white sugar. **No red dye!** Clean and refill every 3-5 days and hang in the shade.
- Keep cats indoors: They like to catch hummingbirds.
- Avoid pesticides because hummingbirds eat insects and spiders.

Learn more about attracting **HUMMINGBIRDS** to your yard at:

[www.sacajaweaudubon.org](http://www.sacajaweaudubon.org)